

WEEK 1

MONDAY

Choose from
Homemade cheese and tomato pizza
Quorn Fajitas

Sides
Oven baked jacket wedges

Unlimited
Selection of vegetables and salad bar

Desserts
Carrot cake with milk
Seasonal fresh fruit
Organic fruit yoghurt

TUESDAY

Choose from
Chicken and sweet corn pie
Lemon crumb salmon fillet

Sides
Steamed new potatoes

Unlimited
Selection of vegetables and salad bar

Desserts
Apple and pear sponge with custard
Seasonal fresh fruit
Organic fruit yoghurt

WEDNESDAY

Choose from
Oven baked chicken sausage
Quorn sausage
Homemade cheese & onion pastry

Sides
Creamy mashed potatoes

Unlimited
Selection of vegetables and salad bar

Desserts
Fruit crumble with custard
Seasonal fresh fruit

THURSDAY

Choose from
Beef lasagne
Vegetable biryani

Sides
Garlic & herb bread

Unlimited
Selection of vegetables and salad bar

Desserts
Cheese & biscuits with fresh apple slice
Seasonal fresh fruit
Organic fruit yoghurt

FRIDAY

Choose from
MSC Golden crumb fish fingers
Quorn dippers

Sides
Oven baked chipped potatoes

Unlimited
Selection of vegetables and salad bar

Desserts
Peaches with ice-cream
Seasonal fresh fruit
Organic fruit yoghurt

WEEK 2

Choose from
Vegetarian chilli
Tomato pasta bake

Sides
Rice

Unlimited
Selection of vegetables and salad bar

Desserts
Shortbread biscuit with milk
Fresh fruit salad
Organic fruit yoghurt

Choose from
Beef burger served with bap
Homemade quorn & lentil burger

Sides
Jacket wedges

Unlimited
Selection of vegetables and salad bar

Desserts
Creamy rice pudding
Fresh fruit salad
Organic yoghurt

Choose from
Jerk chicken
Cheese baguette
Lemon crumb salmon fillet

Sides
New potatoes or rice

Unlimited
Selection of vegetables and salad bar

Desserts
Homemade fruit flapjack with milk
Fresh fruit salad
Organic yoghurt

Choose from
Roast turkey
Vegetarian bolognese with wholemeal spaghetti

Sides
Garlic & herb roast potatoes

Unlimited
Selection of vegetables and salad bar

Desserts
Banana cake & custard
Fresh fruit salad

Choose from
MSC fish fingers
Mac and cheese

Sides
Chipped potatoes

Unlimited
Selection of vegetables and salad bar

Desserts
Chocolate cracknel with custard
Fresh fruit salad
Organic yoghurt

WEEK 3

Choose from
Chickpea & spinach curry
Creamy pasta gratin

Sides
Rice

Unlimited
Selection of vegetables and salad bar

Desserts
Pineapple upside down
Cake with custard
Fresh fruit salad
Organic fruit yoghurt

Choose from
Mine beef chilli wraps
Quorn tai style jasmine rice
Chicken sweet & sour

Sides
Egg noodles

Unlimited
Selection of vegetables and salad bar

Desserts
Chocolate cake & chocolate sauce
Fresh fruit salad
Organic fruit yoghurt

Choose from
Sausage in a roll with onions
Cheese and tomato pizza

Sides
Baked jacket wedges

Unlimited
Selection of vegetables and salad bar

Desserts
Fruit jelly pots
Fresh fruit salad
Organic fruit yoghurt

Choose from
Honey coated sticky chicken
Tuna pasta bake

Sides
Rice

Unlimited
Selection of vegetables and salad bar

Desserts
Vanilla sponge with custard
Fresh fruit salad
Organic fruit yoghurt

Choose from
Fish fingers
Sweet pepper pasta

Sides
Chipped potatoes

Unlimited
Selection of vegetables and salad bar

Desserts
Ice-cream
Fresh fruit salad
Organic fruit yoghurt